

THERISSA ANNE LIBBY

CONTACT INFORMATION

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EDUCATION

University of Minnesota, Minneapolis, MN Jul 1998-Sep 2005
Ph.D. in Neuroscience
Thesis: *Differential Targeting of Mu and Delta Opioid Receptors in Cultured Neurons*; advisor, Dr. Robert Elde

University of Arizona, Tucson, AZ Jan 1996-Dec 1997
Studies in Chemistry and Neuroscience

University of New Mexico, Albuquerque, NM Jan 1993-Dec 1994
Studies in Psychology, Neuropsychology and Chemistry

Office of Education and Training in Addiction Studies, Baltimore, MD Feb 1987-Jun 1991
Core and Advanced Studies in Theory and Practice of Addiction Counseling

Saint John's College, Annapolis, MD May 1984
B.A. in Liberal Arts
“Great Books Program” in which philosophy, political science, religion, history, literature, languages, mathematics and laboratory science are read in translation and engaged with via discussion, proofs, experimentation, and writing of essays

PROFESSIONAL DEVELOPMENT

Graduate Certificate in Online Distance Learning Program, University of Minnesota
Sep 2021-present
Fall 2021: CI 5321: Foundations of Distance Education
Spring 2022: CI 5325: Designing and Developing Online Distance Education
Four-course, 12-credit program, expected completion May 2023

- Human Subjects Review Board Continuing Education Apr 2018-present
 Apr 2018: Tribal IRBs and SAMHSA-NACE Guidelines: Research and Its Regulation in Native Communities
 Sep 2018: Protection of Human Subjects in Research at Metropolitan State
 Oct 2018: Utilization of and New Common Rule Updates to IRBNet
 May 2019: Vulnerable Populations: Aggression, Incarceration and the Molero-Chamiso et al. (2019) Study
 Feb 2021: Social and Behavioral Research with Undocumented Immigrants: Navigating an IRB Committee (Jach et al., 2020)
- NAADAC Ethics in Practice Certificate Program Aug-Dec 2021
 NAADAC: The Association for Addiction Professionals Annual Conference Oct 2021
 Eighteen workshops, including seven on anti-racism/anti-oppression topics
- Minnesota Association of Resources for Recovery and Chemical Health Annual Conference Oct 2021
 Toward a Black Psychology: The Seven Resiliencies of Black Folk
 An Updated Ethical Code to Guide the Work of Peer Recovery Specialists
 Courageous Resiliency
 The Role of Mindfulness in Building Greater Resiliency
 The Tripping Cure? An Overview of Psychedelic Therapy
 Professional Bias and Borderline Personality Disorder
- Maryland Counseling Association Annual Conference Oct 2021
 The Utility of a Student-Centered Counseling Education-Related Online Research Before and After COVID-19
 TMS Therapy for Major Depression and Obsessive-Compulsive Disorder
- Counselor Education Distance Learning Conference, Palo Alto University Feb 2021
 Online Counseling Design and Instruction
 Current Issues in Online CES
 Counselor Education Professional Development
 Culture and Community
- Twin Cities Recovery Project: Boots on the Ground Conference Dec 2020
 Metro Spring Faculty Conference: Spaces of Belonging Mar 2019
- International Coalition for Addiction Studies Education (NAADAC Annual Conference), Houston, TX Oct 2018
 Teaching Anti-Oppression: Constructing Experiential Exercises to Teach About Oppression
 Preparing Addictions Counselors to Work in Integrated Treatment Settings
- International Coalition for Addiction Studies Education (NAADAC Annual Conference), Denver, CO Oct 2017
 National Addiction Studies Accreditation Commission Standards
- National Council for Behavioral Health (NatCon) Annual Conference, Seattle, WA
 Multiple workshops and presentations on behavioral health topics, with a focus on workforce development Apr 2017
- Teaching Online Institute Part 3, Metropolitan State University Jan-Apr 2017

- International Coalition for Addiction Studies Education (NAADAC Annual Conference),
Minneapolis, MN Oct 2016
- Accreditation of Addiction Studies Programs
 - Addiction Studies Programs: Establishing Competency in Education of Addiction Counselors
 - Online Fieldwork Supervision Using Powell's Four Foci of Supervision
 - Developing and Delivering a Co-occurring Course in Higher Education
 - Building and Sustaining Your College Addiction Studies Program
- Spring Faculty Conference: *Teaching Multilingual Students: From Awareness to Best Practices*, Metropolitan State University Mar 2016
- Inter Faculty Organization LGBTIQAA Conference, Roseville, MN Nov 2015
- Overcoming Racism Conference, Saint Paul, MN Nov 2015
- Fall Teaching Workshop: *Race Matters*, Metropolitan State University Oct 2015
- International Coalition for Addiction Studies Education (NAADAC Annual Conference),
Bethesda, MD Oct 2015
- Developing Self-Efficacy: Addiction Counseling Interns in Field Experiences
 - Connecting the Classroom and Clinic: Training Innovations in Counselor Preparation
 - Creating Meaningful Learning Experience in Substance Use Disorder Courses
- Spring Faculty Conference, Metropolitan State University Mar 2015
- Inter Faculty Organization LGBTIQAA Conference, Edina, MN Oct 2014
- Faculty Learning Circle on Community-Engaged Scholarship, Metropolitan State
University, Saint Paul, MN Sep 2014-Apr 2015
- Teaching Online Institute Parts 1 and 2, Metropolitan State University Sep-Dec 2014
- Fall Faculty Workshop, Metropolitan State University Oct 2014
- International Coalition for Addiction Studies Education (NAADAC Annual Conference),
Seattle, WA Sep 2014
- Challenges in Teaching Ethics to Addiction Counselors
 - Educating Adult Students: A Comprehensive Model for Training Addictions Professionals
 - Bridging the Gap Between Disciplines: Anthropological Insights into Substance Use and Grassroots Recovery Movements
 - Addiction Faculty Round Table
- Mindfulness-Based Relapse Prevention Training, Seattle WA Mar 2014
- Spring Faculty Workshop, Metropolitan State University Feb 2014
- Faculty Reading Group on Scholarship of Teaching and Learning, Metropolitan State
University, Saint Paul, MN Jan-Apr 2014
- Fall Faculty Conference, Metropolitan State University Sep 2013
- New Faculty Seminar, Metropolitan State University Aug 2013-May 2014
- Preparing Future Faculty, University of Minnesota Sep-Dec 2004

TEACHING EXPERIENCE

Associate Professor, Metropolitan State University, St. Paul, MN Jul 2018-present
 Earned tenure and promotion June 15, 2018; continuing all duties listed below
 and in Leadership section

Assistant Professor, Metropolitan State University, St. Paul, MN Aug 2013-Jun 2018
 In Human Services Department, Alcohol and Drug Counseling; teaching and
 advising in undergraduate, post-baccalaureate and graduate programs; courses
 include HSCD 200: Pharmacology, HSCD 380/390: Practicum, HSCD 309: Co-
 occurring Disorders, HSCD 450: Senior Seminar in Alcohol and Drug
 Counseling, HSER 415: Spirituality and Helping, HSCD 590: Introduction to
 Substance Use and Co-occurring Disorders, HSCD 601: Theory and Practice of
 Cognitive-Behavioral Therapies, HSCD 603: Ethics and Professionalism, HSCD
 620: Psychopharmacology, HSCD 631: Integrated Care: Treatment and Recovery
 Planning, HSCD 650: Evaluation and Utilization of Research and HSCD 651:
 Master's Project Seminar

Instructor, Rutgers Summer School of Addiction Studies, New Brunswick, NJ
 Summer 2015
 Taught ten-hour course on mindfulness-based interventions in addiction treatment
 and long-term recovery management

Founder and Principal, The T.A. Libby Group, Annapolis, MD Oct 2007-Aug 2013
 Authored books, booklets and articles on addiction science; designed and
 delivered conference presentations and continuing education workshops on
 addiction science; responsible for all aspects of business, including product and
 training development, formal instruction, marketing and finance

Adjunct Faculty Member, Towson University, Towson, MD Jan 2006-Aug 2013
 In Psychology Department, taught PSYC 637: Counseling Strategies for Drug and
 Alcohol Abuse at least once yearly and PSYC 309: Psychopharmacology each
 semester; responsible for all aspects of course design and delivery (including
 Blackboard management), utilizing lecture, discussion, small and large group
 work, and student papers and presentations

Adjunct Faculty Member, Community College of Baltimore County, Dundalk, MD
 Jan-May 2008
 Taught CMDP 101: Effects of Alcohol and Other Drugs, Spring 2008; responsible
 for all aspects of course design and delivery, utilizing lecture, discussion, small
 and large group work, and student papers

**Visiting Assistant Professor of Neurobiology, St. Mary's College of Maryland, St.
 Mary's City, MD** Aug 2006-Jun 2007
 In Department of Biology, taught courses and labs in general biology, genetics
 and neuroscience. For courses, responsible for all aspects of course design and

delivery, utilizing lecture, discussion, graphics, animations, student presentations and papers. For labs, responsible for supervising teaching assistants in preparation for lab and for all aspects of lab delivery, utilizing lecture and student experimentation.

**Adjunct Faculty Member, Minneapolis Community and Technical College,
Minneapolis, MN** Jun-Dec 2004
Taught COUN 2520: Psychopharmacology, Fall 2004; responsible for all aspects of course design and delivery, utilizing lecture, discussion, graphics, animations, student presentations and papers

Community Faculty Member, Metropolitan State University Jun 2002-Dec 2004
Taught HSCD 200: Pharmacology of Drugs of Abuse, Fall 2002, 2003, 2004 Spring 2004; responsible for all aspects of course design and delivery, utilizing lecture, discussion, graphics, animations, student presentations and papers

**Adjunct Assistant Professor, Hazelden Graduate School of Addiction Studies,
Center City, MN** Sep 2000-Aug 2003
Taught Biological Perspectives on Alcohol and Drug Dependence, Fall 2000, 2001, 2002; responsible for all aspects of course design and delivery, utilizing lecture, discussion, graphics, animations, student presentations, papers, projects and journaling

**Teaching Assistant, NSc 5540: Advanced Survey of Biomedical Neuroscience,
University of Minnesota, Minneapolis, MN** August 2003
Intensive one-week summer course in neuroanatomy and neurophysiology for biomedical engineers; responsible for facilitating anatomy labs, grading homework and exams

Course Co-coordinator, NSc 4151: Topics in Neuroscience, University of Minnesota Spring 2002
Semester undergraduate topics course combining lecture/discussion and student presentations; responsible, with co-coordinator, for soliciting and coordinating faculty from graduate students in neuroscience, applying for copyright permissions, assembling course packet, introducing students to course, delivering and grading quizzes, designing, delivering and grading exams, calculating and submitting final course grades

Student Faculty, NSc 4151: Topics in Neuroscience, University of Minnesota Spring 2001, 2000
Course as above; responsible for facilitating two class sessions, the first a lecture/discussion, the second a student presentation; topic, neurobiology of drug dependence

Teaching Assistant, Itasca Neurobiology Laboratory, Park Rapids, MN

August 2000, 1999

One-week module on Enteric Nervous System, taught as segment of laboratory introducing first-year graduate students in neuroscience to techniques in electrophysiology, pharmacology, and immunohistochemistry; responsible for all equipment, reagents (physiological solutions, drugs, neuropeptides), animal care, and assisting faculty in facilitating student work on procedures

Teaching Assistant, NSc 3101: Cellular and Molecular Neuroscience: From Molecules to Madness, University of Minnesota

Fall 1999

Introductory undergraduate course in neuroscience; responsible for attending lectures, providing handouts, holding weekly office hours and monthly review sessions, delivering one lecture, proctoring and grading exams, and calculating and submitting final course grades

Teaching Assistant, Human Neuroanatomy, Medical School, University of Minnesota

Spring 1999

Neuroanatomy lab for first year medical students; responsible for assisting students in identifying neuroanatomical features in histological materials

Addiction Studies Educator, nationwide and international

March 1992-present

TEACHING INTERESTS

- Theory and Practice of Substance Use Disorders and Co-occurring Disorders Counseling
- Helping Strategies in Addiction Recovery Management
- Biology and Pharmacology of Addictive Drugs and Addiction

LEADERSHIP EXPERIENCE**Graduate Programs Director/Co-Director, Metropolitan State University**

Aug 2014-present

Coordinate all aspects of the Master of Science in Co-occurring Disorders Recovery Counseling and Master of Science in Alcohol and Drug Recovery Counseling, including marketing, recruitment, admissions, ongoing course and program development, program evaluation, retention and faculty

Co-producer, Understanding and Responding to Mass Incarceration (URMI), Metropolitan State University

Jan 2014-present

With colleague Raj Sethuraju, coordinate all aspects of URMI, an interdisciplinary and community-engaged student-centered annual event with community participation; duties include maintaining the integrity of the social justice, anti-racism and advocacy goals of the event, chairing workgroup meeting,

selecting and inviting of speakers, panelists and discussants, and overseeing logistics, budget and team of volunteers; in 2021, in response to the COVID-19 pandemic, redesigned the event into a four-part online series

Chair, Human Subjects Review Board, Metropolitan State University

Aug 2017-Aug 2021

Coordinate activities of the Human Subjects Review Board; duties include facilitating monthly HSRB meetings, assuring compliance with ethical and legal dimensions of human subjects research at Metropolitan State, facilitating initial and ongoing education of HSRB members, reviewing research and assigning research to HSRB members, engaging in outreach to the university community regarding human subjects review policies, procedures and processes, and acting as liaison to Provost's Office for all matters involving human subjects review

President, Minnesota Addiction Professionals, Saint Paul, MN Sep 2016-Sep 2018

Lead Minnesota NAADAC affiliate through a period of growth; duties include maintaining commitment to strategic priorities of inclusion, advocacy and service, setting agenda for, convening and facilitating monthly board meetings and annual membership meeting, appointing members to workgroups and committees, overseeing activities such as conferences and trainings, membership growth and visibility, and liaising with other professional organizations in Minnesota

Convener, Inter Faculty Organization College Meetings Aug 2106-May 2017

Convened and facilitated monthly union meetings, represented college at IFO Council, provided reminders to resident and community faculty of college and council meeting dates, reviewed monthly packet in preparation for college and council meetings

RESEARCH EXPERIENCE

Recovery Narratives Project

Jan 2016-present

Qualitative Inquiry into the Lived Experience of Recovery from Substance Use, Mental Health and Co-occurring Disorders

Perspectives on the Utility of Content and Teaching Methods in a Graduate Course on Alcohol and Drug Counseling: A Survey of Course Participants

Jun 2014-Dec 2015

Survey of Graduates of the Counseling Psychology Master's Program at Towson University Whose Experience Included Completing PSYC 637: Counseling Strategies for Alcohol and Drug Abuse Between 2006 and 2013

Postdoctoral Fellow, Integrative Neuroscience Section, Intramural Research Program, National Institute on Drug Abuse; advisor, Dr. Toni Shippenberg
 Jun 2005-July 2006

Regulation of Monoamine Transporters by G Protein Coupled Receptors Ligands
 Psychostimulants, Neuronal Pentraxins and Synaptic Plasticity

Research Assistant, Department of Neuroscience, University of Minnesota; advisor, Dr. Robert Elde
 Jul 1999-May 2005

Thesis Project: Differential Targeting of Mu and Delta Opioid Receptors in Cultured Neurons
 Golgi-to-Plasmalemma Trafficking of Mu Opioid Receptors in Cultured Mesolimbic Neurons
 Stimulus-Dependent Translocation of Presynaptic CB1 Cannabinoid Receptors in Brain Synaptosomes

Research Assistant (rotation), Department of Pharmacology, University of Minnesota; advisor, Dr. Ping-Yee Law
 Apr-Jun 1999

Characterization of a Mu Opioid Receptor-Green Fluorescent Protein Fusion Protein

Research Assistant (rotation), Department of Psychology, University of Minnesota; advisor, Dr. Marilyn Carroll
 Jan-Mar 1999

Effects of Corticosteroid Suppression in a Rat Model of Cocaine Relapse

Research Assistant (rotation), Department of Cell Biology and Neuroanatomy (later Department of Neuroscience), University of Minnesota; advisor, Robert Elde
 Sep-Nov 1998

Differential Targeting of Mu and Delta Opioid Receptors in MDCK Cells

Research Assistant (internship), Psychobiology Section, Intramural Research Program, National Institute on Drug Abuse, Baltimore, MD; advisor, Dr. Jonathan Katz
 Jun-Aug 1997

Novel Analogues of Rimcazole that Bind to the Dopamine Transporter and Lack Cocaine-Like Effects

RESEARCH INTERESTS

- Long-term Recovery Management of Substance Use Disorders
- Narrative and Storytelling in Substance Use Disorders Recovery and Advocacy
- Effective Pedagogical Practices with Adult Learners in Helping Professions

PUBLICATIONS

Boslaugh SE, ed. (2016) *Encyclopedia of Pharmacology and Society*. Entries: Rimonabant (Acomplia) Controversy, Salvia (Drug of Abuse). Thousand Oaks, CA: Sage Publishing.

Fernandez H, **Libby TA** (2011) *Heroin: Its History, Pharmacology and Treatment, 2nd ed.* Center City, MN: Hazelden Publishing.

Kleiman M, Hawdon J, eds. (2011) *Encyclopedia of Substance Abuse Policy*. Entries: Buprenorphine; Twelve-Step Programs. Thousand Oaks, CA: Sage Publishing.

Oz M*, **Libby T***, Kivell B, Jaligam V, Ramamoorthy S, Shippenberg TS (2010) Real-time, spatially resolved analysis of serotonin transporter activity using the fluorescent substrate ASP⁺. *J Neurochem* 114(4):1019-29 (*these authors contributed equally to this work)

Fisher GL, Roget NA, eds. (2008) *Encyclopedia of Substance Abuse Prevention, Treatment and Recovery*. Entries: Brief Interventions; Outpatient Treatment; Stigma. Thousand Oaks, CA: Sage Publishing.

Libby TA (2007) *Heroin: The Basics*. Center City, MN: Hazelden Publishing.

Katz JL, **Libby TA**, Kopajtic T, Husbands SM, Newman AH (2003) Behavioral effects of rimcazole analogues alone and in combination with cocaine. *Eur J Pharmacol* 468(2):109-19.

PROFESSIONAL PRESENTATIONS

Sabbatical 2019-2020

Martin Luther Christian University, Shillong, Meghalaya, India	Oct 2019
Psychology Department: Topics in the Treatment of Substance Use Disorders	
Social Work Department: Substance Use and Co-Occurring Disorders	
In the Community: World Mental Health Day Keynote on Mental Health Disorders and Suicide Prevention	
Psychology Department: Curriculum Consultation	
Manbha Foundation, Shillong, Meghalaya, India	Oct 2019
Working with Lesbian, Gay, Bisexual and Transgender Clients	
Helping Skills for Peer Specialists	
Recovery Advocacy	
St. Mary's University, Shillong, Meghalaya, India	Oct 2019
Mental Health Basics and Suicide Prevention	

- In the Community, Shillong, Meghalaya, India Oct 2019
 Helping Skills for Peer Specialists
 National Council of Churches India, Shillong, Meghalaya, India Oct 2019
- In the Community, Yokohama, Japan Dec 2019
 Recovery Advocacy
- Green Crescent, Nicosia, Cyprus (north) Mar 2020
 Treatment of Substance Use Disorders
- Note: Six additional presentations were scheduled in Cyprus, both Republic and north. These were cancelled due to the coronavirus pandemic. In addition, multiple staff trainings in Nigeria and Ghana, scheduled for May 2020, were likewise cancelled.

Scientific Meetings

- Society for Neuroscience Annual Meeting 2006, Atlanta, GA Oct 2006
 Jaligam V, Shippenberg TS, Kivell BM, **Libby TA**, Validation of a Novel Live Cell Fluorescence Imaging Technique for Real-Time Analysis of Serotonin Transporter Function
- International Narcotics Research Conference 2005, Annapolis, MD Jul 2005
Libby TA, Riedl M, Williams F, Elde R, Targeting of Mu and Delta Opioid Receptors in Cultured Neurons
- Society for Neuroscience Annual Meeting 2004, San Diego, CA Oct 2004
Libby TA, Riedl M, Elde R, Targeting of Mu and Delta Opioid Receptors in Cultured Neurons
- International Narcotics Research Conference 2003, Monterey, CA Jul 2002
Libby TA, Riedl M, Elde R, Trafficking of Mu Opioid Receptor in Mesolimbic Neurons in Culture
- College on Problems of Drug Dependence, Miami Beach, FL Jun 2002
 Katz JL, **Libby TA**, Kopajtic T, Husbands SM, Newman AH, Behavioral Effects of Rimcazole Analogues Alone and in Combination with Cocaine
- Society for Neuroscience Annual Meeting 2001, San Diego, CA Nov 2001
Libby TA, Riedl M, Li X-R, Elde R, Stimulus-Dependent Translocation of the CB1 Cannabinoid Receptor in Rat Brain Synaptosomes

Conference Presentations for Addiction Professionals

- International Coalition for Addiction Studies Education Conference: *Counselor Education Overseas* (accepted) Mar 2022
- NAADAC: The Association for Addiction Professionals 2021 Annual Meeting, Online: *The Power of Recovery Narratives* Oct 2021
- Minnesota Association of Resources for Recovery and Chemical Health Fall Conference, Saint Paul, MN: *Becoming a Counselor Educator* Oct 2021
- Maryland Counseling Association Annual Conference, Online: *The Power of Recovery Narratives* Oct 2021
- Minnesota Association of Resources for Recovery and Chemical Health Fall Conference, Saint Paul, MN: *The Power of Recovery Narratives* Oct 2020

- International Coalition for Addiction Studies Education (NAADAC Annual Conference), Houston, TX: *Project-Based Learning in Research Courses* Oct 2018
- Minnesota Association of Resources for Recovery and Chemical Health Fall Conference, Saint Paul, MN: *Professional Identity in the Age of Integrated Care* (facilitated panel) Oct 2017
- Minnesota Association of Community Mental Health Programs Annual Conference, Saint Paul, MN: *Mindfulness-Based Relapse Prevention: An Overview* Sep 2016
- Minnesota Association of Resources for Recovery and Chemical Health Fall Conference, Saint Paul, MN: *Mindfulness-Based Interventions in Substance Use Disorders Treatment* Oct 2015
- NAADAC: The Association for Addiction Professionals Annual Meeting, Seattle, WA: *Mindfulness-Based Relapse Prevention: An Overview* Oct 2015
- Minnesota Association of Resources for Recovery and Chemical Health Fall Conference, Saint Paul, MN: *Mindfulness-Based Relapse Prevention: An Overview* Oct 2014
- NAADAC: The Association for Addiction Professionals Annual Meeting, Seattle, WA: *Mindfulness-Based Relapse Prevention: An Overview and Buprenorphine Research Update: Selections from Recent Literature* Sep 2014
- Greater Minnesota Association of Addiction Professionals, Saint Paul, MN, Annual Membership Meeting: *Mindfulness-Based Relapse Prevention: An Overview* Sep 2014
- Cape Cod Symposium on Addictive Disorders, Hyannis, MA: *Buprenorphine Research Update* Sep 2012
- Hazelden Women Healing Conference, Bloomington, MN and Safety Harbor, MN: *Women's Bodies, Addiction and Recovery* Apr and May 2009
- Neuroscience Meets Recovery, Las Vegas, NV. *Addiction and the Brain: The Emerging Understanding of Neural Mechanisms of Addiction; Cannabis and the Brain: An Update; Recent Findings on the Genetics of Addiction* Sep 2008
- Arizona Association of Alcoholism and Drug Addiction Counselors, Tucson, AZ. Day-long Biology of Addiction Track: *Reward, Learning and Memory: An Emergent Understanding of the Addicted Brain* (keynote); *Marijuana Research Update; Buprenorphine for Opioid Medication Maintenance: Lessons from the First Six Years; New Findings on Methamphetamine* Sep 2008
- Chrysalis Conference on Comorbid Addiction and Mental Disorders in Women, St. Paul, MN. *Research Update: Marijuana and Women* May 2004
- Minnesota Association of Resources for Recovery and Chemical Health Annual Conference, Saint Paul, MN. *Marijuana Research Update* Oct 2003
- KENTHEA Conference, Nicosia, Cyprus. *Understanding the Reward Hypothesis of Substance Abuse* Feb 2003
- Minnesota Association of Resources for Recovery and Chemical Health Annual Conference, Saint Paul, MN. *Thinking Critically About the Reward Hypothesis* Oct 2001
- Euro-Mediterranean Conference Against Substance Abuse/KENTHEA Conference, Nicosia, Cyprus. *Common Brain Mechanisms of Addictive Drugs* Feb 2002
- National Association of Alcoholism and Drug Abuse Counselors Annual Conference, Portland, OR. *Thinking Critically About the Reward Hypothesis* Jul 2001

- National Association of Lesbian and Gay Addiction Counselors Annual Meeting,
Portland, OR. *Plenary: A Brief History of the Development of the Center for
Substance Abuse Treatment Manual "A Provider's Guide to Substance Abuse
Treatment with Lesbian, Gay, Bisexual and Transgender Clients"* Jul 2001
- International Coalition of Addiction Studies Educators Annual Conference, Portland, OR.
Bridging the Research-Practice Gap in Addiction Treatment Jul 2001
- Minnesota Association of Resources for Recovery and Chemical Health Annual Retreat,
Brainerd, MN. *What the "Decade of the Brain" Taught Us About Addiction*
Mar 2001
- KENTHEA Conference, Nicosia, Cyprus. *Biomedical Research on Addiction* Feb 2001
- Minnesota Association of Resources for Recovery and Chemical Health Annual
Conference, St. Paul, MN. *Drugs, Brain and Behavior and Brain Research
Update* Oct 2000
- Arizona Association of Alcoholism and Drug Abuse Counselors Annual Conference,
Tucson, AZ. *Brain Research Update* Oct 2000
- National Association of Alcoholism and Drug Abuse Counselors Annual Conference,
Philadelphia, PA. *Drugs, Brain and Behavior* Jul 1999
- Additional conference presentations in Arizona, New Mexico and Texas, 1994-1996;
further information available upon request

Workshops and Trainings for Addiction Professionals

- Youth Service Bureau, Cottage Grove/Stillwater/Woodbury, MN (staff inservice, online):
Substance Use and Marginalization Sep 2021
- Pangea Care (staff inservice, Saint Paul, MN): *Ethics Considerations for Addiction
Professionals* July 2017
- Progress Valley (staff inservice), Richfield, MN: *Buprenorphine Treatment: A Training
for Multidisciplinary Addiction Professionals* Mar 2014
- Central East Addiction Technology Transfer Center, Silver Spring, MD
- *Buprenorphine Treatment: A Training for Multidisciplinary Addiction
Professionals*, New Castle, DE Sep 2010
 - *Buprenorphine Treatment: A Training for Multidisciplinary Addiction
Professionals*, Baltimore, MD Aug 2009
- Pathways Alcohol and Drug Treatment Center, Annapolis, MD
- *Presented Drugs and the Brain: What We Know Today, An Overview*, an
inservice for Pathways staff, Annapolis, MD Dec 2007
- Prairielands Addiction Technology Transfer Center, University of Iowa, Iowa City, IA
- *Toolbox Training on the Biological Aspects of Addiction*, taught by teleconference
from Mason City, IA Feb 2004
- Drug Law Enforcement Unit, Cyprus Police, Nicosia, Cyprus
- Presented *Drugs of Abuse Training for New Officers*, Cyprus Police Academy,
Nicosia, Cyprus May 2003
- R. Kibben Company, Minneapolis, MN/Cyprus-American Scholarship Program,
AMIDEAST, Washington, DC
- Presented *Drugs, Brain and Behavior*, Minneapolis, MN Jul 2001
 - Presented *Drugs, Brain and Behavior*, Minneapolis, MN Jul 2002

KENTHEA, Larnaka, Cyprus/Cyprus Fulbright Commission, Nicosia, Cyprus

- Presented *Drug Information for Secondary School Teachers*, Nicosia, Cyprus
Feb 2001
- Presented *Drug Actions and Addiction Interventions*, Nicosia, Cyprus
Feb 2001
- Presented *Drug Information for Parents and Students*, Limassol, Cyprus
Feb 2001
- Co-led Roundtable Discussion on Local Drug Concerns, Nicosia, Cyprus
Feb 2001
- Presented *Classification of Addictive Drugs*, Larnaka, Cyprus
Nov 2001
- Presented *Drugs, Brain and Behavior*, Larnaka, Cyprus
Feb 2002

Additional workshops in Arizona, New Mexico and Maryland, 1992-1997; further information available upon request

PROFESSIONAL EXPERIENCE

Science Writer, National Institute on Drug Abuse
Jan 2010
Contracted with Synergy Enterprises, Inc., to be a member of the science writing team for an international working meeting on HIV/AIDS and substance use; attended meetings, utilizing PowerPoint to capture information shared in key breakout sessions.

Project Director, Substance Abuse and Mental Health Services Administration's National Alcohol and Drug Addiction Recovery Month
May-Oct 2008
Contracted with Synergy Enterprises, Inc., to coordinate Recovery Month events in 15 states, delivering 27 events in those states.

Science Writer, National Institute on Drug Abuse's Blending Initiative
Apr-Dec 2008
Contracted with Synergy Enterprises, Inc., to edit contributions from Blending Initiative Task Force members, assemble them into a cohesive document, and write several sections; document title, *Blending Science and Clinical Practice*.

Onsite Support, Substance Abuse and Mental Health Services Administration's National Alcohol and Drug Addiction Recovery Month
Sep 2007
Contracted with Synergy Enterprises, Inc., to provide onsite support of SAMHSA-sponsored Recovery Month events in five states.

Consulting Health Educator and Counselor, Tucson, AZ; clients included Sierra Tucson, Recovery Counseling Services, and Insiders Program/COPE Behavioral Services
Feb 1995-Jun 1998

Multiple positions as a chemical dependency counselor in New Mexico and Maryland, 1986-1995; further information available upon request; held certification as an Alcoholism Counselor/Chemical Dependency Counselor, 1989-1999

HONORS AND AWARDS

Professional Development Grants, Metropolitan State:

- Fall 2021: Award for registration for NAADAC 2021 Annual Conference
- Spring 2021: Award for registration for Counselor Education Distance Learning Conference
- Spring 2020: Award for translation expenses for Recovery Narratives Project documents (Khasi, Japanese, Spanish)
- Fall 2018: Award for research expenses for the Recovery Narratives Project
- Spring 2018: Award for research expenses for the Recovery Narratives Project
- Spring 2017: Award toward registration for NatCon 2017
- Spring 2016: Award for research expenses for the Recovery Narratives Project
- Fall 2015: Award for attendance and presentation at the 2015 NAADAC conference in Bethesda, MD
- Fall 2014: Award for attendance and presentation at the 2014 NAADAC conference in Seattle, WA
- Spring 2014: Award for tuition for Mindfulness-Based Relapse Prevention training in Seattle, WA

Community-Engaged Scholarship Grant, Metropolitan State University, supporting the Recovery Narratives Project Dec 2016

Outstanding Student Organization Advisor, Student Leadership Awards, Metropolitan State University May 2015

Stark Award for Advanced Scholarship, UMN Graduate Program in Neuroscience, to support participation in 3D Microscopy in Living Cells, University of British Columbia, Vancouver, British Columbia May 2002

Individual Pre-Doctoral Fellowship (National Research Service Award), National Institute on Drug Abuse Nov 2001-Mar 2004

Pre-Doctoral Trainee (National Research Service Award), Drug Abuse Training Grant, National Institute on Drug Abuse Jul 1999-Oct 2002

PROFESSIONAL MEMBERSHIPS

NAADAC, The Association for Addiction Professionals

American Counseling Association

International Coalition for Addiction Studies Education

[Association of Recovery in Higher Education](#)

PROFESSIONAL SERVICE

- Chair, Minnesota Addiction Professionals/MSU Mankato/Department of Human Services conference, focus on rural behavioral health and workforce, planned for spring 2023 Jan 2021-present
- Organizer, Minnesota Addiction Professionals Annual Meeting and Continuing Education, Saint Paul, MN Oct 2020
- Member, Host Committee, NAADAC Annual Conference, Minneapolis, MN Oct 2015-Oct 2017
- Vice President, Minnesota Addiction Professionals, Saint Paul, MN Sep 2014-Sep 2016
- Member, Tiered Licensure Working Group, Board of Behavioral Health and Therapy, Minneapolis, MN Aug 2013-Dec 2015
- Member, Unitarian Universalist Addictions Ministry Team (Chair, 2012-2015), Boston, MA Aug 2009-present
- Grant Review Group, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, Department of Health and Human Services: *Substance Abuse Treatment with Homeless Populations* 2002
- Grant Review Group, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, Department of Health and Human Services: *Women's Treatment Initiatives* 2001
- Grant Review Group, National Institute on Drug Abuse, National Institutes of Health, Department of Health and Human Services: SBIR, conference contract 2000
- Member, Neuroscience Curriculum Development Committee, Great Lakes Addiction Technology Transfer Center Oct 1999
- Member, Connecting Services and Research Panel, The National Plan to Improve Substance Abuse Treatment, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, Department of Health and Human Services Apr 1999-Apr 2000
- Secretary, Steering Committee, *A Provider's Guide to Substance Abuse Treatment with LGBT Clients*, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, Department of Health and Human Services Mar 1999-Mar 2001
- Chair/co-chair of multiple committees for state and national professional associations, 1989-1998; further information available upon request

INSTITUTIONAL SERVICE

- Member, Graduate Programs Committee Aug 2014-present
- Member, Human Subjects Review Board Sep 2013-present
- CCSPA Representative to Faculty Association Council Aug 2020-May 2021
- Faculty Advisor, Alcohol and Drug Counseling Student Assn Aug 2020-May 2021
- Chair-Elect, Human Subjects Review Board Aug 2016-May 2017
- Faculty Advisor, Alcohol and Drug Counseling Student Assn Aug 2014-Dec 2016
- Member, Anti-Racism Leadership Team Mar 2014-May 2016
- Notetaker, Inter Faculty Organization College Meetings Aug 2014-Apr 2015

REFERENCES

Provided upon request