

## **Introduction**

The Master of Science in Co-occurring Disorders Recovery Counseling (MS CODC) is a 60-credit degree that prepares students to be professional counselors. It is a program of the Human Services Department in the College of Community Studies and Public Affairs. Successful completion of the MS CODC provides students with all the coursework and clinical hours needed to qualify for licensure in alcohol and drug counseling and in professional (mental health) counseling in the state of Minnesota. The program began admitting students in 2017. Students who were admitted to the MS in Alcohol and Drug Recovery Counseling in 2015 and 2016 transferred into the MS CODC once it was approved.

### *Program Description*

Counseling for co-occurring substance use and mental health disorders presents professionals with a broad range of challenges and opportunities. Clinical effectiveness and systems change require mastery of strong person-centered skills in combination with a thorough grounding in best practices. The Master of Science in Co-occurring Disorders Recovery Counseling graduates counselors who are change agents, those committed to supporting individuals, families and communities in defining and fostering wellness. The program is strongly centered on building advanced clinical skills, implementing best practices that are community responsive, demonstrating anti-oppressive care and striving for ethical excellence. Graduates qualify for licensure as Alcohol and Drug Counselors and Professional Counselors in the state of Minnesota. With two years of post-master's supervised practice, graduates qualify for licensure as Professional Clinical Counselors in the state of Minnesota.

### *Award Covered by This Review*

Master of Science in Co-occurring Disorders Recovery Counseling

### *Courses Covered by this Review*

Foundation (16 credits)

HSCD 580G Introduction to Counseling (1)

HSCD 590G Introduction to Substance Use and Co-occurring Disorders (1)

HSCD 600 Foundations, Models and Evidence-Based Practices (2)

HSCD 601 Cognitive-Behavioral and Trauma-Informed Strategies (3)

HSCD 602 Advanced Motivational Interviewing: Practice and Supervision (2)

HSCD 603 Ethics and Professional Practice (2)

HSCD 611 Culturally Responsive and Anti-Oppressive Practice (3)

HSCD 650 Evaluation and Utilization of Research (2)

Core (36 credits)

HSCD 610 Evidence-Based Group Counseling (3)

HSCD 612 Family Counseling (3)

HSCD 613 Career Counseling Theory and Practice (2)

HSCD 620 Psychopharmacology (3)

HSCD 630 Integrated Care: Screening and Assessment (3)  
HSCD 631 Integrated Care: Treatment and Recovery Planning (2)  
HSCD 632 Integrated Care: Harm Reduction and Case Management (3)  
HSCD 635 Integrated Care: Advanced Practice (4)  
HSCD 640 Clinical Supervision (3)  
PSYC 611 Advanced Lifespan Developmental Psychology (3)  
PSYC 618 Program Evaluation (4)  
PSYC 648 Psychopathology (3)

Research Application (4 credits)  
HSCD 651 Master's Project Seminar (1)  
HSCD 660I Master's Project Student-Designed Independent Study (3)

Clinical Application (4 credits)  
HSCD 681 Practicum I (2)  
HSCD 682 Practicum II (2)

### *Student Learning Outcomes*

Graduates are prepared to:

#### STUDENT LEARNING OUTCOME AREA 1: SCHOLARSHIP

1. Integrate effective practices into service delivery to those affected by substance use, mental health and co-occurring disorders.
  - a. Distinguish the strengths and limitations of clinical research.
  - b. Appraise research literature for quality and applicability to practice.
  - c. Critique research literature for multicultural inclusion and applicability.
  - d. Apply principles of program evaluation to service delivery improvement.
  - e. Implement effective research-based strategies and evaluation practices in clinical settings.

#### STUDENT LEARNING OUTCOME AREA 2: PRACTICE READINESS

2. Provide high-quality, culturally-responsive counseling to those affected by substance use, mental health and co-occurring disorders.
  - a. Engage in person-centered care across the service continuum, including assessment, care planning, resource access and long-term support.
  - b. Apply appropriate counseling theories and strategies in clinical settings.
  - c. Address systemic barriers to optimal outcomes for individuals, families and communities.
  - d. Demonstrate effectiveness in delivery of cross-cultural counseling.
  - e. Utilize clinical supervision for ongoing practice improvement.

### STUDENT LEARNING OUTCOME AREA 3: PROFESSIONALISM

3. Demonstrate ethical excellence in all aspects of counseling practice.
  - a. Address physical, mental and relational health on an ongoing basis.
  - b. Integrate relevant statutory and ethical guidelines into a personal code of professional practice.
  - c. Implement an effective process for evaluating and responding to ethically challenging situations.
  - d. Evaluate the impact on professional practice of own privilege, oppression and bias on an ongoing basis.
  - e. Advance competence through professional licensure, professional association involvement and continuing education.